



**Dandelions**

Bereavement Support

# Dandelions Manager's Bereavement Training

**According to a 2019 study, 72% of people in Britain have been bereaved in the last five years.**

Due to the Coronavirus pandemic, restricted access to treatment and early diagnosis of other illnesses, that figure is now likely to become much higher.

Unfortunately, grief is something that's likely to affect everyone at some point in their lives, including our employees.



# Grief in The Workplace

Understanding and support from employers can give employees the validation and space they need to work through their grief, meaning a faster return to their usual productivity.

This programme aims to give a thorough understanding of what it means to be bereaved and what grief can look like, as well as providing your management team with the knowledge and confidence to deal with bereaved staff and colleagues both effectively and empathetically.

## Topics covered include:

- **Benefits of effective bereavement support**
- **What is grief?**
- **Models of grief**
- **Stages of grief**
- **Secondary losses**
- **How you can help**

The programme which costs £50 runs for around 90 minutes online and is led by our trained facilitators who have experience in offering bereavement support to our community in various settings.

**For more information please contact our Bereavement Support Coordinator, Fay Bloor, on 01332 345268 or [fay.bloor@wathalls.co.uk](mailto:fay.bloor@wathalls.co.uk)**

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